



SANDWELL AQUATICS CLUB

TRIDENT



OPEN MEET

SATURDAY 4TH & SUNDAY 5TH OCTOBER 2025
Sandwell Aquatics Centre, Smethwick

ENTRY PACK

ENTRIES OPEN 9AM ON SUNDAY 31ST AUGUST 2025

*Entry file available to download from our website from 9am on Sunday 31st August 2025
Entries will be processed on a first come first served basis*



SANDWELLAQUATICS@OUTLOOK.COM



WWW.SANDWELLAQUATICS.CLUB



SANDWELL AQUATICS CLUB

TRIDENT OPEN MEET

VENUE:	Sandwell Aquatics Centre, Smethwick
DATE:	Saturday 4 th and Sunday 5 th October 2025
SESSION TIMES:	<p>There are 4 sessions, each up to 3 hours plus warm up.</p> <p>Session 1 – 11am warm-up, 12.05pm start Session 2 – TBC Session 3 – 8am warm-up, 9.05am start. Session 4 – TBC</p> <p>Times are approximate & will be confirmed once entries have been processed.</p>
FACILITIES:	10 lane, 25m pool with anti-wave lane ropes & electronic timing. Backstroke ledges & secondary strobe light will be available.
MEET PROMOTOR:	Keith Munday sandwellaquatics@outlook.com
AGE GROUPS:	<p>9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & 16yrs and over.</p> <p>Age as at 31st December 2025.</p>
DISTANCES	50m, 100m, 200m & 400m events
QUALIFYING	Swimmers must be no faster than the times set out in the attached.
ENTRY FEE:	£8 per individual event
ENTRY INFORMATION:	<p>Sportssystem entry file will be available to download from our website from 9am on Sunday 31st August.</p> <p>Entries open 9am on Sunday 31st August. Entries close midnight on Sunday 14th September, or earlier if full.</p> <p>Entry to this meet will be on a first come, first served basis.</p>
AWARDS:	<p>Medals to 1st, 2nd and 3rd in each age group in each event.</p> <p>Female and Open/Male overall Top Junior (13yrs and under) and Top Senior (14yrs and over) trophies.</p> <p>Randon spot heat prizes.</p> <p>Top visiting club.</p>
POOLSIDE PASSES:	Coach & Team Manager passes are £15 per day or £25 for the weekend (passes include lunch). Form to be completed will be circulated following acceptance of entries.

PROGRAMME OF EVENTS



SANDWELL AQUATICS CLUB

Trident Open Meet on Saturday 4th & Sunday 5th October 2025

PROGRAMME OF EVENTS

Saturday 4th October 2025			Saturday 4th October 2025		
Session 1			Session 2		
F	101	400m Individual Medley	M/O	201	400m Freestyle
M/O	102	100m Backstroke	F	202	100m Breaststroke
F	103	50m Backstroke	M/O	203	50m Freestyle
M/O	104	200m Individual Medley	F	204	200m Freestyle
<i>Mid-session break (if required)</i>			<i>Mid-session break (if required)</i>		
F	105	100m Freestyle	M/O	205	200m Butterfly
M/O	106	50m Breaststroke	F	206	200m Backstroke
F	107	200m Breaststroke	M/O	207	100m Individual Medley
M/O	108	100m Butterfly	F	208	50m Butterfly
Sunday 5th October 2025			Sunday 5th October 2025		
Session 3			Session 4		
M/O	301	400m Individual Medley	F	401	400m Freestyle
F	302	100m Backstroke	M/O	402	100m Breaststroke
M/O	303	50m Backstroke	F	403	50m Freestyle
F	304	200m Individual Medley	M/O	404	200m Freestyle
<i>Mid-session break (if required)</i>			<i>Mid-session break (if required)</i>		
M/O	305	100m Freestyle	F	405	200m Butterfly
F	306	50m Breaststroke	M/O	406	200m Backstroke
M/O	307	200m Breaststroke	F	407	100m Individual Medley
F	308	100m Butterfly	M/O	408	50m Butterfly

Points will be awarded for each event entered based on 10 points for the winner down to 1 point for 10th place in each age group. An award will go to one male/open junior & one female junior (13yrs and under) and one male/open senior and one female senior (14yrs & over) who have accrued the most points. Visiting Club with the most points will also receive an award.

NO FASTER THAN ENTRY TIMES



SANDWELL AQUATICS CLUB

TRIDENT OPEN MEET - SATURDAY 4TH AND SUNDAY 5TH OCTOBER 2025

ENTRY TIMES - NO FASTER THAN



Entry times submitted (which are validated by rankings) that are faster than those shown below will not be accepted

Male/Open																
9	10	11	12	13	14	15	Open	Event	9	10	11	12	13	14	15	Open
32.90	30.80	29.80	28.80	27.80	26.60	25.21	24.00	50m Freestyle	32.80	30.70	29.70	28.60	28.10	27.80	27.68	27.10
1:10.90	1:08.90	1:03.90	59.80	57.80	55.70	54.58	53.10	100m Freestyle	1:10.50	1:08.10	1:03.30	1:03.00	1:02.90	1:01.00	1:00.08	59.60
2:32.30	2:28.1	2:18.00	2:09.60	2:07.40	2:04.00	1:59.50	1:56.00	200m Freestyle	2:31.10	2:24.50	2:18.00	2:13.20	2:12.6	2:10.90	2:09.00	2:06.20
		4:46.00	4:28.00	4:17.00	4:12.00	4:06.00	4:02.00	400m Freestyle			4:46.80	4:38.00	4:35.20	4:31.80	4:27.40	4:19.40
44.20	42.50	36.10	33.80	32.50	31.40	30.80	30.14	50m Breaststroke	42.70	42.50	37.50	36.40	35.20	34.50	34.33	33.90
1:32.80	1:31.90	1:22.7	1:17.90	1:12.30	1:10.00	1:07.50	1:05.10	100m Breaststroke	1:32.30	1:30.30	1:22.50	1:20.00	1:19.10	1:17.30	1:14.33	1:11.90
3:18.1	3:08.90	2:55.00	2:46.0	2:36.70	2:34.20	2:24.40	2:21.40	200m Breaststroke	3:16.30	3:07.30	2:56.90	2:50.20	2:47.50	2:43.70	2:39.76	2:35.20
36.40	35.00	32.80	31.00	29.00	27.70	26.70	25.02	50m Butterfly	36.10	34.80	32.10	31.40	30.50	29.90	28.93	27.50
1:22.6	1:20.0	1:15.0	1:07.60	1:03.60	1:00.80	59.39	58.20	100m Butterfly	1:21.90	1:19.50	1:12.60	1:08.60	1:07.20	1:06.00	1:03.15	1:02.00
	3:00.8	2:38.3	2:28.80	2:20.50	2:14.60	2:13.80	2:04.80	200m Butterfly		2:59.10	2:39.80	2:33.40	2:31.40	2:22.40	2:15.10	2:13.20
37.40	36.50	34.10	30.40	29.40	28.40	27.20	26.50	50m Backstroke	37.90	36.40	34.00	32.50	31.60	30.75	30.00	29.25
1:21.40	1:18.00	1:12.3	1:08.00	1:06.10	1:03.00	1:01.40	59.00	100m Backstroke	1:20.50	1:17.40	1:12.30	1:10.20	1:09.20	1:07.10	1:05.87	1:04.20
2:50.8	2:49.7	2:33.6	2:25.00	2:24.20	2:16.7	2:13.50	2:06.80	200m Backstroke	2:48.50	2:44.20	2:32.50	2:30.00	2:28.40	2:22.60	2:17.45	2:12.30
1:25.50	1:17.00	1:13.00	1:10.00	1:08.50	1:05.50	1:02.90	1:01.40	100m Individual Medley	1:25.70	1:17.40	1:15.00	1:13.10	1:11.70	1:09.80	1:07.20	1:05.40
2:58.90	2:54.90	2:43.40	2:36.20	2:28.60	2:20.90	2:15.20	2:12.00	200m Individual Medley	2:54.80	2:52.50	2:43.20	2:37.80	2:32.70	2:27.70	2:23.40	2:19.10
			5:22.00	5:06.00	4:51.00	4:42.00	4:31.00	400m Individual Medley				5:24.00	5:10.00	5:01.50	4:56.80	4:47.60

PROMOTORS CONDITIONS





SANDWELL AQUATICS CLUB
TRIDENT OPEN MEET
PROMOTORS TERMS & CONDITIONS

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AWARDS:	<p>Medals to 1st, 2nd and 3rd in each age group in each event. Ribbons awarded to 4th & 5th place in each age group in each event.</p> <p>Female and Open/Male overall Top Junior (13yrs and under) and Top Senior (14yrs and over) trophies.</p> <p>Top visiting club cash prize of £100.</p>								

POOLSIDE PASSES:

Coach & Team Manager passes are £15 per day or £25 for the weekend (passes include lunch & parking). Form to be completed will be circulated upon acceptance of entries.

PHOTOGRAPHY & FILMING:

Photography & filming in the changing area, on poolside and from the spectating area is not prohibited. Those that do not adhere to the policy will be asked to leave.

A nominated official photographer will attend our Open Meet. Details of how to view the moments captured by them will be circulated following the event weekend.

CHANGING VILLAGE

No adults, other than Coaches & Team Managers, are permitted into the Changing Village at Sandwell Aquatics Centre.

Swimmers should only be in the Changing Village for the use of changing. The Changing Village is not to be used as a social area.

The Changing Village will be segregated from the public and will be sectioned into Female and Male/Open areas.

Mobile phones are NOT permitted to be used in the Changing Village. Suspected use of mobile phones for photography/filming within the Changing Village will be report to the Police. Any other use of mobile phones within the Changing Village will be report to the relevant Club for disciplinary action.

Reporting on the use of mobile phones within the Changing Village is encouraged. Any incidents are to be reported to the Meet Promotor & our Welfare Officer.

1. **ENTRIES**

- 1.1 This meet is to be licensed by Swim England at level 3 for entry into County & Regional Championships. It will be run under Swim England Regulations & Technical Rules.
- 1.2 The meet is open to all members of a club affiliated with SE, SASA or WASA and amateurs as defined by Swim England Laws. Swimmers must be SE Category 2 members & may enter in the name of one club only.
- 1.3 In accordance with the licensed meet transgender policy entrants will be Female & Male/Open. The Female category is for birth sex females in accordance with Swim England's Transgender & Non-Binary Competition Policy. By entering the "Female" category, the swimmer confirms that their birth sex is female.
- 1.4 Swimmers with disabilities will be accepted and all classes of swimmer will swim together in inclusive events.
- 1.5 This meet will be run using the Sportsystem software. Our Sportsystem entry file will be available to download from our website from **9am on Sunday 31st August 2025**.
- 1.6 Entries will open **9am on Sunday 31st August** and entries will be accepted on a **first come, first served basis**. Entries received prior to this time & date will **NOT** be accepted.
- 1.7 Entries from Sandwell Aquatics Club members will be given priority.
- 1.8 We reserve the right to limit/refuse entries to comply with license timing restrictions & good meet management. Any entries not accepted will be refunded in full.
- 1.9 The closing date for entries is **MIDNIGHT on Sunday 14th September**, unless full earlier.
- 1.10 All entries are to be slower than the upper cut-off times provided in the attached. Entries submitted with a faster time will be rejected.
- 1.11 Age is at MIDNIGHT 31st December 2025
- 1.12 Entry fee is £8 per individual event.
- 1.13 Poolside entries will not be accepted, and once the entry file has been submitted, improved times will not be accepted. Late entries may be accepted at the discretion of the promotor.
- 1.14 The submission of entries indicates an acceptance of the meet conditions. Entries will not be accepted until the appropriate payment is received and the summary sheet for clubs provided in the pack has been completed and returned.
- 1.15 Clubs with 5 swimmers or more are to submit entries using the Sportsystem entry file. Individuals are to be submit entries on the individual entry form provided within this pack.

- 1.16 All entries are to be sent to sandwellaquatics@outlook.com.
- 1.17 Payment of entries is to be sent to the following bank account: -

Bank Account Name: Sandwell Aquatics Club

Sort Code: 08-92-99

Account No.: 67274510

Reference: TRIDENT/[club name]

- 1.18 Entries to this meet will be held on a computer & consent, as required by GDPR Regulations, to the holding of personal information on computer will be deemed to have been given by the submission of entry. Personal data, including submitted and recorded times, will be available during the meet.

2. **Withdrawals**

- 2.1 Any withdrawals are to be sent to sandwellaquatics@outlook.com or logged via the Swim-Meet link provided upon acceptance of entries by 6pm on Thursday 2nd October 2025.

3. **Refunds**

- 3.1 Refunds will not be given for swimmers withdrawing after advice of acceptance, except where:
- (a) the competitor can show that they have been chosen for National, Regional or County team at an event which partially or wholly clashes with this event & that the selection occurred after their entry was submitted for this meet; or
 - (b) the competitor can provide an appropriate medical certificate showing they are unfit to compete.

4. **Officials**

- 4.1 Clubs with 10 or more swimmers are requested to please supply a minimum of 2 qualified officials for each session of the meet to help the meet to run efficiently.
- 4.2 As this event is being licenced as level 3 all officials will need to be minimum J1 qualified. Mentoring for officials will be provided upon request, on a first come first served basis, subject to operational requirements. Officials being mentored do not count as part of the minimum 2 officials per club unless qualified to at least J1.
- 4.3 Officials are requested to sign up to officiate using the Swim-Meet link provided upon acceptance of entries.
- 4.4 Officials are requested to wear white t-shirts & black trousers/skirts/shorts.

- 4.5 Break(s) will be inserted into the programme & will be used as may be required &/or comfort officials may be utilised.

5. **Supervision of Swimmers**

5.1 **Club entries**

5.1.1 It is the direct responsibility of each club to provide adequate supervision of their swimmers. Swimmers should be supervised by designated DBS/SE registered adults who hold appropriate qualifications. For club entries, in line with Swim England Open Meet Licencing Guidelines, a ratio of 1:10 should be considered as a minimum requirement for swimmers aged 16 years & under. Clubs should provide a minimum of one adult for each gender of their swimmers.

5.1.2 All those responsible for the supervision of a club's swimmers should be:

- (a) Club members & Swim England Members (Cat 3);
- (b) Have a current (club specific) DBS check; and
- (c) Have attended a Safeguarding Children workshop (recommended).

5.1.3 The above information must be provided & is required to issue poolside passes. Please complete the form using the link provided upon acceptance of entries.

5.1.4 When coaches/supervisors need a break (for refreshment etc.), they should ensure that one of the other DBS checked personnel is left to supervise swimmers in their absence, or that swimmers are supervised by their parents.

5.2 **Individual entries**

5.2.1 The parent/guardians of swimmers who enter the meet on an individual basis (i.e. their entry has not been organised by a club) are responsible for the supervision of their children, either directly or indirectly via a nominated adult.

5.2.2 If the parent/guardian is not a registered member of Swim Member & DBS checked and is therefore not permitted onto poolside, it is their responsibility to ensure that supervision of their swimmer has been organised via Sandwell Aquatics Club or by another nominated individual.

6. **Spectators**

- 6.1 Spectators are welcome at the event. However, the promotor reserves the right to refuse entry when the maximum capacity for the spectator gallery has been met.

6.2 Spectators are required to keep aisles clear of bags & to sit on seats provided. No chairs, except wheelchairs, are permitted on the walkways of the spectator gallery. This area must also be kept clear of bags.

6.3 There will be a daily spectator admission charge (cost to be advised), there may also be a daily raffle at a separate charge.

7. **Parking**

8. Parking at the Centre is reserved for officials, coaches, team managers & volunteers. Car Park passes will be issued by the centre.

9. Spectator parking is offered at the nearby Harry Mitchell Leisure Centre, Broomfield, Smethwick, B67 7DH. This is 10-minute walk from the Centre. Please allow enough time to park & walk to the Centre.

10. Where possible, please do not park on the roads around the facility as we wish to avoid causing upset to the residents.

11. **Photography & Videoing**

11.1 Sandwell Aquatics Club adheres to the Swim England Photography & Filming guidelines contained within Swim England's Wavepower Safeguarding Policy. Details of which can be found on the Swim England website (www.swimming.org/wavepower).

11.2 No photography/video will be permitted other than by the appointed sports photographers for this event and/or with prior agreement with the promotor & lead referee.

11.3 This event by its very nature, is in the public arena & when entering for the event the participant & their parents acknowledge this fact, which may result in recording & publication of their image. All photographs taken at this event will be password protected when posted on the official website. All photographers have been DBS checked & operate within a strict Child Protection Policy & Code of Ethics.

11.4 Filming for the purposes of school/college studies will be permitted with prior approval from the promotor and/or lead referee. Swimmers will be required to complete an application to film form at the start of the session. The lead referee must view and sign off all footage taken.

12. **General**

13. The Sandwell Aquatic Centre fire exit procedure will be announced at the beginning of each session & we request that all supervising adults, poolside or in the spectator gallery, pay careful attention to the location of their nearest fire exit & the procedure to follow to ensure the safe evacuation of everyone in case of emergency.

14. The competition pool will be 25m in length with 10 (or 8 if insufficient officials are available) lanes. Anti-turbulence ropes, electronic timing & placing will be used. A secondary strobe light will be available as will adjustable backstroke ledges.
15. All times will be recorded using AOE and submitted on this basis to Swim England.
16. No outdoor/side footwear is to be worn on poolside.
17. Entries will be seeded in to heats from submitted times, with the slowest heat first.
18. Heats will have "over the top" starts except for backstroke which may be 'side by side'. Pool depth will be a constant 2m
19. All entries will be heat declared winners.
20. There will be prizes for top Female (Junior (13 & under) and Senior (14 & over), top Male/Open (Junior (13 & under) and Senior (14 & over) & for top visiting club. Competitors placed 1st, 2nd, & 3rd in each event, in each age group, will receive awards. Points will be awarded as 10 points for 1st down to 1 point for 10th place (no points will be awarded for a disqualification). In the event of a tie, the result will be decided by count back of the number of first, second or third places (as necessary) to decide a winner.
21. It is the responsibility of team managers & coaches to ensure that their swimmers report to the marshalling stewards in time for the start of their race.
22. The order of events may be changed at the discretion of the promotor or referee.
23. Warm up times will be advised prior to the event once all entries have been received & checked, the pool will be cleared at least 5 minutes prior to the start of each session. Coaches are responsible for over-seeing their swimmers during warmups. Swimmers, coaches & lane marshals should always follow the directions of the warmup supervisor, failure to comply with the supervisor's directions could lead to exclusion from further involvement in the meet. Any swimmer who fails to follow the instructions of the warmup supervisor will be held responsible for any accidents that may result from their actions. All swimmers/coaches should be aware of the 'warm up guidelines' which will be published on the Sandwell Aquatics website prior to the meet.
24. Warm up/swim down pool will be available. Swimmers must be supervised by a coach or team manager for their club when using this facility. Swimmers must follow any instructions issued by the lifeguards. Swimmers must not attempt to swim to the bottom of this pool. If this facility is not used in a sensible manner, it will be closed.
25. The promotor reserves the right to amend these conditions with the licencing officers' approval.
26. If cancellation of the event is necessary, then the only claim will be the entry fees paid.

27. Neither the promotor nor Sandwell Aquatics Club take any responsibility for loss or damage to personal possessions during the event. Swimmers, coaches, responsible adults & spectators are advised to always keep their possessions with them or to make use of the lockers provided.
28. Any matters concerning the meet not covered in these terms & conditions will be dealt with according to the laws of the sport & at the discretion of the promotor. All participants must comply with the safety regulations in operation at Sandwell Aquatics Centre, the promoters' terms & conditions & SE safety regulations.
29. A full risk assessment will be done jointly between the pool operator & Sandwell Aquatics Club following Swim England Guidelines.
30. Sandwell Aquatics Club are committed to being environmentally responsible. We would kindly ask attendees to consider carpooling and bringing their own bottles & mugs to use at our event.
31. Lead Referee – Keith Jones
32. Lead Starter - Dean Cunniffe
33. The Promotor for this meet is Claire Steele for & on behalf of Sandwell Aquatics Club.

CLUB ENTRY FORM





SANDWELL AQUATICS CLUB

TRIDENT OPEN MEET - SATURDAY 4TH & SUNDAY 5TH OCTOBER 2025

CLUB ELECTRONIC ENTRY SUMMARY SHEET

PLEASE RETURN THIS SHEET WITH YOUR SPORTSYSTEM ENTRY FILE & PRINTOUTS TO
SANDWELLAQUATICS@OUTLOOK.COM

CLUB:	
CLUB CONTACT:	
EMAIL ADDRESS:	

ENTRIES	QUANTITY		SUB TOTAL
FEMALE		@ £8 each	
OPEN/MALE		@ £8 each	
TOTAL NO. OF ENTRIES		TOTAL:	

I agree that by submitting the above entries, all competitors are eligible to compete in this meet & that they accept the Promotors Conditions of Entry.

POOLSIDE PASSES	QUANTITY		SUB TOTAL
Day Passes		@ £15 each	
Weekend Passes		@ £25 each	
		TOTAL:	

I declare that on behalf of the above-named Club, all recipients of a poolside pass will have a valid Swim England Membership & DBS check.

Payment should be sent to the following bank account: -

Bank Account Name:	Sandwell Aquatics Club
Sort Code:	08-92-99
Account No.:	67274510
Reference:	TRIDENT/[CLUB NAME]

INDIVIDUAL ENTRY FORM





SANDWELL AQUATIC CLUB

Trident Open Meet on Saturday 4th and Sunday 5th October 2025

INDIVIDUAL ENTRY FORM

PLEASE SEND YOUR COMPLETED ENTRY FORM TO:

SANDWELLAQUATICS@OUTLOOK.COM

NAME:			
DATE OF BIRTH:		Age as at 31 December 2025:	
SE MEMBERSHIP NO.:			
SEX:	Open/Male <input type="checkbox"/> Female <input type="checkbox"/>		
CLUB:			
EMAIL ADDRESS:			

EVENT	ENTRY TIME
50m Freestyle <input type="checkbox"/>	
100m Freestyle <input type="checkbox"/>	
200m Freestyle <input type="checkbox"/>	
400m Freestyle <input type="checkbox"/>	
50m Breaststroke <input type="checkbox"/>	
100m Breaststroke <input type="checkbox"/>	
200m Breaststroke <input type="checkbox"/>	
50m Butterfly <input type="checkbox"/>	
100m Butterfly <input type="checkbox"/>	
200m Butterfly <input type="checkbox"/>	
50m Backstroke <input type="checkbox"/>	
100m Backstroke <input type="checkbox"/>	
200m Backstroke <input type="checkbox"/>	
100IM <input type="checkbox"/>	
200IM <input type="checkbox"/>	
400IM <input type="checkbox"/>	

Total No. Events: _____ @£8 per event **Total Cost:** £ _____

Payment must be made at the same time as submitting this form, by bank transfer to: -

Bank Account Name:	Sandwell Aquatics Club
Sort Code:	08-92-99
Account No.:	67274510
Reference:	TRIDENT/[NAME]

By submitting this entry form you are declaring that you are eligible to compete in this meet & you are accepting the Promoters Conditions of Entry.