



SANDWELL AQUATICS CLUB

Affiliated to the West Midlands Region and Under Swim England Regulations and Technical Rules

Final Sprint Showdown LC Open Meet

PROMOTORS TERMS & CONDITIONS

VENUE:	Sandwell Aquatics Centre, Smethwick
DATE:	Sunday, 12th July 2026
SESSION TIMES:	<p>There are three sessions. Sessions 1&2 each up to 3 hours in length, plus a warm-up. Session 3 will be a final (200IM), expected to last 1hr</p> <p>Session 1 – 8:00 am warm up, 9:05 am start Session 2 – 12:15 pm warm up, 13:20 start Session 3 – TBC</p> <p>Times are approximate & will be confirmed once entries have been processed.</p>
FACILITIES:	10 lane, 50m pool with anti-wave lane ropes & electronic timing. Backstroke ledges & secondary strobe light will be available.
MEET PROMOTOR:	Theresa Bisengo
AGE GROUPS:	9/ 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & 16yrs and over.
DISTANCES	<p>Age as at midnight 12th July 2026</p> <p>50m, 100m events</p> <p>200m IM Finals in Each Age Group</p> <p>(The Top 8 Swimmers in each age group qualify for the 200m IM final-swimmer must have swam a heat in all 4 50 m strokes)</p>
QUALIFYING	<p>Swimmers must be no faster than the times set out in the attached.</p> <p>"Qualifying times must have been achieved on or after 1 January 2025."</p>
ENTRY FEE:	£9 per individual event
ENTRY INFORMATION:	<p>Sportssystem entry file will be available to download from our website from 9 am on 25th May 2026</p> <p>Entries open 1st June 2026</p> <p>Entry to this meet will be on a first-come, first served basis.</p> <p>Entries close midnight on 29th June 2026</p> <p>The Promotor reserves the right to limit entries to this event.</p> <p>Acceptance of entries will be confirmed following the closing date & not before.</p>
AWARDS:	Medals to 1 st , 2 nd and 3 rd in each age group in each event.



POOLSIDE PASSES: Coach & Team Manager passes are £17 per day (passes include lunch). The form to be completed will be circulated following acceptance of entries.

Mobile Phones/tablets Image capturing devices must be in pockets or bags in the changing rooms. Breaches of this will be dealt with by Clubs under their Disciplinary procedures. Anyone suspected of taking images in the Changing rooms will be reported to the Police as this is Sexual Abuse Non Contact.

1. ENTRIES

- 1.1 This meet is to be licensed by Swim England at level 3 for entry into County & Regional Championships. It will be run under Swim England Regulations & Technical Rules.
- 1.2 The meet is open to all members of a club affiliated with SE, SASA or WASA and amateurs as defined by Swim England Laws. Swimmers must be SE Category 2 members & may enter in the name of one club only.
- 1.3 In accordance with the licensed meet transgender policy, entrants will be Female & Male/Open. The Female category is for birth sex females in accordance with Swim England's Transgender & Non-Binary Competition Policy. By entering the "Female" category, the swimmer confirms that their birth sex is female.
- 1.4 Swimmers with disabilities will be accepted, and all classes of swimmers will swim together in inclusive events.
- 1.5 This meet will be run using the Sportssystem software. Our Sportssystem entry file will be available to download from our website at 9 am on Monday, 25th May 2026
- 1.6 Entries will open at 9 am on Monday, 1st June 2026, and entries will be accepted on a **first come, first served basis**. Entries received before this time & date will **NOT** be accepted. The closing date for entries is midnight 29th June 2026.

Acceptance of entries will be confirmed following the closing date & not before.

- 1.7 We reserve the right to limit/refuse entries to comply with license timing restrictions & good meet management. Any entries not accepted will be refunded in full.
- 1.8 Entries from Sandwell Aquatics Club members will be given priority.
- 1.9 All entries are to be slower than the upper cut-off times provided in the attached. Entries submitted with a faster time will be rejected.
- 1.10 Age is at MIDNIGHT 12th July 2026
- 1.11 Entry fee is £9 per individual event



- 1.12 Poolside entries will not be accepted, and once the entry file has been submitted, improved times will not be accepted. Late entries may be accepted at the discretion of the promotor.
- 1.13 The submission of entries indicates an acceptance of the meet conditions. Entries will not be accepted until the appropriate payment is received and the summary sheet for clubs provided in the pack has been completed and returned.
- 1.14 Clubs with 5 swimmers or more are to submit entries using the Sportsystem entry file. Individuals are to submit entries on the individual entry form provided within this pack.
- 1.15 All entries are to be sent to openmeets@sandwellaquatics.org
- 1.16 Payment of entries is to be sent to the following bank account- **Payment to be made once you have received confirmation that your entries have been accepted.**

Bank Account Name: Sandwell Aquatics Club

Sort Code: 08-92-99

Account No.: 67274510

Reference: FiSSH/[club/individual name]

- 1.17 Entries to this meet will be held on a computer & consent, as required by GDPR Regulations, to the holding of personal information on computer will be deemed to have been given by the submission of entry. Personal data, including submitted and recorded times, will be available during the meet.

2. **Withdrawals**

- 2.1 Any withdrawals are to be sent to openmeets@sandwellaquatics.org by 6 pm on Thursday, 9th July 2026

3. **Refunds**

- 3.1 Refunds will not be given for swimmers withdrawing after advice of acceptance, except where:-
- (a) The competitor can show that they have been chosen for National, Regional or County team at an event which partially or wholly clashes with this event & that the selection occurred after their entry was submitted for this meet; or
 - (b) The competitor can provide an appropriate medical certificate showing they are unfit to compete.

4. **Officials**

- 4.1 Clubs with 10 or more swimmers are requested to please supply a minimum of 2 qualified officials for each session of the meet to help the meet to run efficiently.



- 4.2 As this event is being licenced as level 3, all officials will need to be at least J1 qualified. Mentoring for officials will be provided upon request, on a first come first served basis, subject to operational requirements. Officials being mentored do not count as part of the minimum 2 officials per club unless qualified to at least J1.
- 4.3 Officials are requested to sign up to officiate using the Swim-Meet link provided upon acceptance of entries.
- 4.4 Officials are requested to wear white t-shirts & black trousers/skirts/shorts.
- 4.5 Break(s) will be inserted into the programme & will be used as may be required &/or comfort officials may be utilised.

5. Supervision of Swimmers

5.1 Club entries

- 5.1.1 It is the direct responsibility of each club to provide adequate supervision of its swimmers. Swimmers should be supervised by designated DBS/SE-registered adults who hold appropriate qualifications. For club entries, in line with Swim England Open Meet Licensing Guidelines, a ratio of 1:10 should be considered as a minimum requirement for swimmers aged 16 years & under. Clubs should provide a minimum of one adult for each gender of their swimmers.
- 5.1.2 All those responsible for the supervision of a club's swimmers should be:
- (a) Club members & Swim England Members (Cat 3);
 - (b) Have a current (club-specific) DBS check; and
 - (c) Have attended a Safeguarding Children workshop (recommended).
- 5.1.3 The above information must be provided & is required to issue poolside passes. Please complete the poolside pass form via the link provided upon acceptance of entries.
- 5.1.4 When coaches/supervisors need a break (for refreshment, etc.), they should ensure that one of the other DBS-checked personnel is left to supervise swimmers in their absence, or that swimmers are supervised by their parents.



5.2 Individual entries

- 5.2.1 The parents/guardians of swimmers who enter the meet on an individual basis (i.e. their entry has not been organised by a club) are responsible for the supervision of their children, either directly or indirectly via a nominated adult.
- 5.2.2 The supervision of swimmers is the direct responsibility of the club for which the swimmer entered. In the absence of a club official, the responsibility then resides with the parent/carer. This responsibility applies especially to periods when no competition is taking place, for example, warm-up sessions & between sessions. It also applies to areas which are open to the public & cannot be monitored by Sandwell Aquatics Club, specifically changing rooms, showers, foyer & stairs area.

6. Spectators

- 6.1 Spectators are welcome at the event. However, the promotor reserves the right to refuse entry when the maximum capacity for the spectator gallery has been met.
- 6.2 Spectators are required to keep aisles clear of bags & to sit on the seats provided. No chairs, except wheelchairs, are permitted on the walkways of the spectator gallery. This area must also be kept clear of bags.
- 6.3 There will be a daily spectator admission charge (cost to be advised), there may also be a daily raffle at a separate charge.

7. Parking

8. Parking at the Centre is reserved for officials & coaches. Car Park passes will be issued to those eligible in advance of the event.
9. Where possible, please do not park on the roads around the facility as we wish to avoid causing upset to the residents.

10. Photography & Videoing

- 10.1 No photography/video will be permitted other than by the appointed sports photographers for this event and/or with prior agreement with the promoter & lead referee.
- 10.2 This event, by its very nature, is in the public arena & when entering the event, the participant & their parents acknowledge this fact, which may result in the recording & publication of their image. All photographs taken at this event will be password protected when posted on the official website. All photographers have been DBS checked & operate within a strict Child Protection Policy & Code of Ethics.
- 10.3 Filming for school/college studies will be permitted with prior approval from the promoter and/or lead referee. Swimmers will be required to complete an application to film form at the start of the session. The lead referee must view and sign off on all footage taken.



10.4 The use of mobile phones for any purpose in the Changing Village/Rooms is strictly prohibited in accordance with Wavepower. Swimmers are urged to keep phones and tablets out of sight in the changing rooms. Swimmers must report any infringements of this asap to the Promoter via any Official, Coach or Team Manager. Anyone suspected of taking images in the changing rooms will be reported to the Police.

11. General

12. The Sandwell Aquatic Centre fire exit procedure will be announced at the beginning of each session & we request that all supervising adults, poolside or in the spectator gallery, pay careful attention to the location of their nearest fire exit & the procedure to follow to ensure the safe evacuation of everyone in case of emergency.

13. The competition pool will be 50m in length with 10 (or 8 if insufficient officials are available) lanes. Anti-turbulence ropes, electronic timing & placing will be used. A secondary strobe light will be available as will adjustable backstroke ledges.

14. All times will be recorded using AOE and submitted on this basis to Swim England.

15. No outdoor/side footwear is to be worn on poolside.

16. The changing village will be segregated by male/female. All swimmers must comply with this.

17. Entries will be seeded into heats from submitted times, with the slowest heat first.

18. Heats will have "over the top" starts except for backstroke, which may be 'side by side'. Pool depth will be a constant 2m.

19. All entries will be heat declared winners.

20. It is the responsibility of team managers & coaches to ensure that their swimmers report to the marshalling stewards in time for the start of their race.

21. The order of events may be changed at the discretion of the promotor or referee.

22. Warm-up times will be advised before the event once all entries have been received & checked. The pool will be cleared at least 5 minutes prior to the start of each session. Coaches are responsible for overseeing their swimmers during warmups. Swimmers, coaches & lane marshals should always follow the directions of the warmup supervisor; failure to comply with the supervisor's directions could lead to exclusion from further involvement in the meet. Any swimmer who fails to follow the instructions of the warmup supervisor will be held responsible for any accidents that may result from their actions. All swimmers/coaches should be aware of the 'warm-up guidelines' which will be published on the Sandwell Aquatics website prior to the meet.

23. Warm-up/swim down pool will be available. Swimmers must be supervised by a coach or team manager for their club when using this facility. Swimmers must follow any instructions issued by the



lifeguards. Swimmers must not attempt to swim to the bottom of this pool. If this facility is not used in a sensible manner, it will be closed.

24. The promotor reserves the right to amend these conditions with the licencing officers' approval.
25. If cancellation of the event is necessary, then the only claim will be the entry fees paid.
26. Neither the promotor nor Sandwell Aquatics Club take any responsibility for loss or damage to personal possessions during the event. Swimmers, coaches, responsible adults & spectators are advised to always keep their possessions with them or to make use of the lockers provided.
27. Any matters concerning the meet not covered in these terms & conditions will be dealt with according to the laws of the sport & at the discretion of the promotor. All participants must comply with the safety regulations in operation at Sandwell Aquatics Centre, the promoters' terms & conditions & SE safety regulations.
28. A full risk assessment will be done jointly between the pool operator & Sandwell Aquatics Club following Swim England Guidelines.
29. To protect the Environment, all attendees are encouraged to share transportation and bring their own water bottles, etc.
30. Lead Referee -Keith Jones
31. Lead Starter - Jason Fawke
32. The Promotor for this meet is Theresa Bisengo, for & on behalf of Sandwell Aquatics Club.



Final Sprint Showdown

One-Day Long Course Open Meet Programme (50m)

Sunday 12th July 2026			
Session 1		session 2	
101	Open male 100m freestyle	201	Female 50m butterfly
102	Female 100m freestyle	202	Open male 50m butterfly
103	Open male 50m breaststroke	203	Female 100m backstroke
104	Female 50m breaststroke	204	Open Male 100m backstroke
105	Open male 100m butterfly	205	Female 50m Freestyle
106	Female 100m butterfly	206	Open male 50m freestyle
107	Open male 50m backstroke	207	Female 100m breaststroke
108	Female 50m backstroke	208	Open Male 100m breaststroke
Session 3: 200m IM Finals			

Important Notes:

To qualify for the Final, a swimmer must have entered all 50m events and finished in the top 8.



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QUALIFYING TIMES

Submitted times MUST be personal best times (achieved in a 25m pool or converted accordingly) Higher Level Qualifying Times (Entry Times Should be No Faster Than)

OPEN MALE							Events	FEMALE						
9/10	11	12	13	14	15	16/O		9/10	11	12	13	14	15	16/O
34.20	32.80	32.00	28.71	27.00	26.42	24.23	50m freestyle	32.53	31.41	30.01	29.11	28.82	28.01	27.55
1:15.00	1:13.01	1:10.05	1:04.83	1:00.01	58.81	55.9	100m freestyle	1:18.00	1:11.10	1:10.20	1:06.90	1:06.00	1:04.00	59.40
41.01	36.04	35.00	34.05	31.01	29.06	28.15	50m backstroke	40.21	37.50	36.81	34.29	33.21	32.11	30.01
1:33.09	1:23.19	1:20.10	1:17.15	1:08.01	1:06.41	1:03.50	100m backstroke	1:29.00	1:23.10	1:22.39	1:15.6	1:13.00	1:09.10	1:07.01
47.5	44.01	39.15	37.97	33.01	31.15	29.21	50m breaststroke	45.02	41.19	40.01	38.15	36.03	35.88	35.01
1:43.21	1:39.11	1:35.90	1:29.07	1:15.04	1:12.74	1:09.11	100m breaststroke	1:38.09	1:32.90	1:30.01	1:25.02	1:22.00	1:19.87	1:16.01
42.01	38.15	33.91	32.1	29.1	27.1	26.2	50m butterfly	41.09	36.00	35.1	33.9	32.9	31.1	29.2
1:32.00	1:24.00	1:22.35	1:20.19	1:10.08	1:04.8	59.02	100m butterfly	1:35.40	1:25.02	1:22.19	1:17.15	1:13.25	1:08.15	1:05.17

"Qualifying times must have been achieved on or after 1 January 2025."